



We at Waterbury Hospital, are committed to providing our EMS family, and friends our newly established EMS newsletter. Our newsletter is the beginning of our commitment to you and the communities we serve. As we continually strive to be a step ahead in serving every patient, every service, and our community. We would love to hear from you and keep informed of the upcoming changes to patient care protocols regionally and nationally.

Waterbury Hospital is committed to providing our EMS family educational opportunities on a monthly basis through continuing education courses every third Wednesday of the month in our facility beginning March 21, 2018. We are committed to researching and implementing advances in EMS. By working together, we can find opportunities through our collaborative efforts to improve patient outcomes and provide the highest standard of care. Last year, we met with many local providers and we will continue to make it a point to have an open line of communication to better serve your needs in EMS.

This year will be continuing our efforts to visit as many services as we can to introduce ourselves to make sure we are serving our patient's needs. In addition, we are looking forward to bringing continuing education to EMS services for those who cannot attend our regular CME's. If you are interested in hosting us to teach a CME in your town please contact us at EMS@wtbyhosp.org to schedule a date.

Last year, we held a very successful EMS symposium that included our hospital executives, doctors, guest speakers, vendors and much more. This year we will be holding our annual EMS Symposium on October 19th, 2018. This event is open to everyone in EMS (including First responders, Fire, Police, students). We are working on this year's EMS week banquet and we look forward to recognizing our local heroes. Stay tuned for our upcoming CME topics and lectures.

Visiting EMS Facilities

For the past several months, we have gone out to visit several different locations to further build our relationships with the EMS family. These visits have afforded us valuable information to better serve our patient and collaboration with you. So far we have had the pleasure of visiting Bantam Fire Company, Beacon Hose Company, Bethany Fire Department, Bethlehem Ambulance, Goshen Fire Company, Harwinton Ambulance, Northfield Fire Company, Southbury Ambulance, Woodbury Ambulance, and Wolcott Ambulance.

We have gotten some great feedback and have already started to work on ways to increase patient outcomes and satisfaction.

EMS Week

EMS week is coming up the week of May 20, 2018 and we would like to recognize our local hero's. During the week, we will be providing some extra food in the EMS room including bagels and coffee. Our Annual banquet will be held on May 23, 2018 from 6 – 9PM and will include case reviews with Dr. Akunyili and Jose Diaz, EMT-P. Also during that evening, we will honor some local hero's.





Waterbury Hospital – Trauma Time

“EMS Time-Out” – in an effort to improve communication during trauma hand-off, the Waterbury Hospital Trauma Team will be calling for an “EMS Time-Out” when you arrive to the Trauma bay with your patient. This will be 30-seconds of quiet so that everyone can hear the EMS report!

Research shows that this can easily be done using the **MIST** report – **M**echanism of Injury, **I**njuries found, **S**ymptoms (vitals/GCS), and **T**reatment. Time will be allowed for any questions by the trauma team, and then the patient can be transferred over to the trauma stretcher. We hope that this will optimize the hand-off process between pre-hospital providers and the trauma team, as well as foster a good relationship!

As you know, there will be situations where this process may not be ideal (CPR in progress, etc.), please feel free to share your thoughts.

Any questions, thoughts, ideas, concerns, or feedback in regards to the care of the trauma patient at Waterbury Hospital? Please contact Monika Nelson, Trauma Program Coordinator – mnelson2@wtbyhosp.org

Upcoming Events

- **CNVRAC REGIONAL OPIOID ABUSE PREVENTION WORKGROUP**

Wednesday March 21, 2018

8:30 – 10:30 AM

American Medical Response - Conference Room

117 East Aurora Street

Waterbury, CT

Future Meeting Dates, Times, Locations:

April 18, 2018, 8:30—10:30 AM, AMR

May 16, 2018, 8:30—10:30 AM, AMR

Flu Update

A total of 2,161 hospitalized patients with laboratory-confirmed influenza admitted between August 27 and February 24, 2018 have been reported to date. Of these 2,161 reports, 1,347 were Type A (subtype unspecified), 382 were Type A (H3N2), 19 were Type A (2009 H1N1), 409 were influenza B virus, and 4 of unknown type. A total of 105 influenza-associated deaths (80 associated with flu A, 25 with flu B). Of these deaths, 85 were among patients greater than 65 years of age, 11 were 50-64 years of age, 5 were 25-49 years of age, 1 was between 19-24 years of age, and 3 were between ≤ 18 years of age. The current season total of 105 deaths is above the range of influenza-associated deaths (1-65) reported during the previous five seasons. Flu shots, proper BSI precautions and hand washing will minimize the risk of exposure.

- Get a flu shot
- Wash your hands
- Stay home if you're sick
- Ask your health care provider about a prescription antiviral

All opioid drugs depress the central nervous system. This results in decreased,

blood pressure breathing heart rate temperature

During overdose these critical life support functions slow even more, to the point where they begin to shut down. Left untreated, these circumstances can lead to death.

DrugRehab.org

- **CME - March 21, 2018 @ 18:00**

Critical Decision Making and Case Review

If you have any suggestions or questions pertaining to EMS including patient follow-ups, please contact us at ems@wtbyhosp.org.