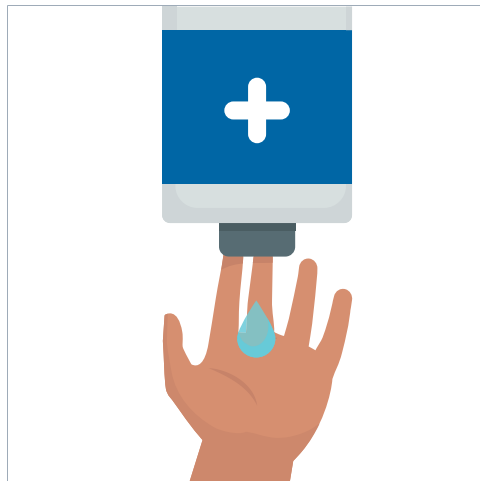


How To Properly Wash Your Hands

Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy.



1 WET YOUR HANDS



2 APPLY SOAP



3 WASH YOUR HANDS FOR 20 SECONDS



4 RINSE



5 DRY WITH A CLEAN TOWEL



6 USE THE PAPER TOWEL TO TURN OFF WATER

If soap is not available, use hand sanitizer with a minimum of 60% alcohol.

Waterbury
HEALTH

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